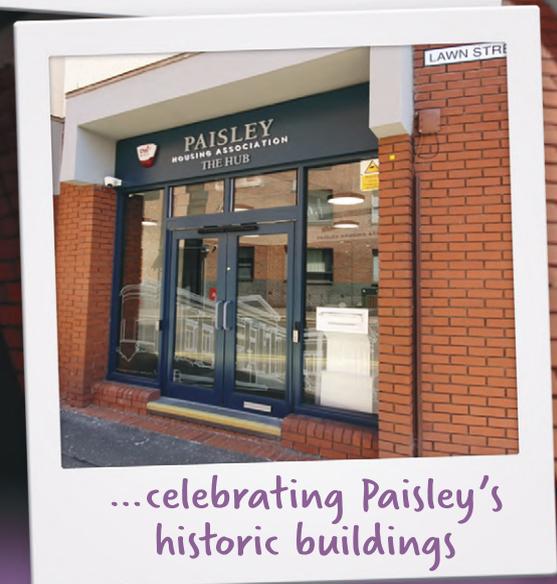


Newsletter

We've had a wee bit of a facelift!



our new look...



...celebrating Paisley's historic buildings

Featured in this edition...

Development Update



Planned Programme 2025-26



Our Community - What's On...



Also, look out for free give aways & prize draws throughout your newsletter!

A message from our Chief Executive Officer

Welcome to our Summer Newsletter!

I hope everyone is enjoying the weather.

I'd like to take this opportunity to introduce myself. I joined the Association just over six months ago, bringing with me over 30 years of executive management experience in the housing sector.

It's been a busy and exciting time for the organisation as we've been preparing our new **Business Plan for 2025–2028**. This plan reflects a fresh approach to strategic planning one that considers the national housing emergency, as well as ongoing economic volatility and uncertainty.

We recognise that these are challenging times, and while it's difficult for any organisation to predict the future, we've set out our ambitions clearly and will continue mapping our journey toward achieving them.

One of our top priorities remains the health and safety of our tenants and residents. We are committed to maintaining our homes to the highest standards. I'm pleased to share that over the next 3 years, we will invest approximately £7 million in improving our homes. This includes replacing Kitchens, Bathrooms and Windows.

We will also continue to focus on measures to address affordable warmth, ensuring our tenants can enjoy comfortable, energy-efficient homes.

This year, we'll be launching a Tenant Profiling exercise to hear directly from you. We want to know:



Fiona McTaggart
Chief Executive Officer

- **What improvements would you like to see in your homes and neighbourhoods?**
- **How can we better connect you to your local community?**
- **What services or support are missing that we can help develop?**

Please take a few minutes to complete the questionnaire when it arrives as it will help us shape the services and support, we offer.

Paisley Housing Association has a proud history of working in partnership with others to support our communities. We remain committed to building and strengthening relationships with local partners and stakeholders. Together, we can make a bigger impact.

We hope you enjoy this new style quarterly Newsletter. We've made this change to allow us to give you more information on our services and future plans.

Thank You

Contents

Information

Why we publish our Engagement Calendar 3

Our New Business Plan 4

Exciting News! Paisley joins TIS 5

Your Housing your say – get involved in Tenant Scrutiny 5

How did we perform 2024-25 6

Get Involved – Membership 8

Keep us updated 8

Housing Management

Town Centre Surgeries 9

What is Anti-Social Behaviour? 10

Renfrewshire Community Safety Partnership 11

Bulk Uplift Information 12

Good Neighbour Agreement 12

Struggling to make rent payments? 13

Who let the dogs out? 13

Welfare Benefit & Energy Advice Update

Money Matters – Focus on families 14

RTS Switch Off 18

Asset Management

Project Development Update 19

Planned Works Programme 2025-26 20

Asbestos Surveys 21

Keeping your home safe – Electrical Installation Condition Report (EICR) 21

Fire Safety 22

Damp and Mould Advice 23

Heat in Building Bill 23

Our Estates Team 24

Digital Inclusion

Keep safe online 25

Win an Echo Dot 26

Need help getting online? 26

Struggling to afford mobile data? ... 26

Our Community: What's on this Summer

Great fun activities all Summer 26

Help & Support

Employability & Learning Support .. 32

Dolly Parton's Imagination Library 34

Feed a family for under £5 34

Contact Details 36

Why we publish our Customer Engagement Calendar

At Paisley Housing Association we are committed to accountability, and tenant engagement. By publishing our annual Customer Engagement Calendar, we aim to keep our tenants fully informed about the key responsibilities, consultations, and service commitments planned throughout the year. The below calendar outlines what we will deliver and when from policy reviews and rent consultations to performance reporting and major repairs updates. It helps ensure we stay accountable to our responsibilities, while giving tenants the opportunity to engage with us at the right time, on the issues that matter most. Your voice is important in shaping the services we provide, and this calendar is one of the ways we make sure you're kept up to date.

Customer Engagement Calendar	Person Responsible	Target Completion Timescale
Consult with Stakeholders Re: Review of Business Plan	Chief Executive	February 2025 / February 2026
Publish an Annual Customer Engagement Calendar	Corporate Services Officer	April 2025/26
Consult with Members of Consultation Register on Relevant Policy Review	Director of Housing	Continuous
Draw up and Publish a new Customer Services Charter	Director of Housing and Director of Asset & Development	April 2025
Hold an Annual General Meeting	Corporate Services Officer and Director of Finance & IT	September 2025
Distribute Copies of Annual Report to all Tenants - Digitally & some by post	Director of Housing	October 2025
Distribute copies of Landlord's Report to all Tenants – Digitally contained within Annual Report	Director of Housing	October 2025
Begin Rent Consultation Process	Senior Management Team	October 2025
Include a Tenant Participation Resource in the Annual Budget	Director of Finance & IT	November 2025
Advise of Rent Review Outcome	Director of Housing	February 2026
Regularly Report on the Association's Performance Levels through the Quarterly Newsletter	Senior Management Team	Continous
Publish regular Quarterly Newsletter	Director of Housing	Quarterly
Publish details of the Association's Major and Cyclical Repairs Programme and report on progress	Director of Asset & Development	Summer Newsletter
Consult individual tenants regarding relevant Major Repair Contracts	Director of Asset & Development	Continous



Our New Business Plan



We're pleased to share that our **2025–2028 Business Plan** has been approved!

This plan sets out our goals for the next three years – focusing on our vision of:

"A safe, happy, healthy, and thriving community with a vision to be a sustainable, innovative, and inclusive community-led organisation"

Below is our Strategic Map.

Strategic Map 2025-28

Integrity
We are open, honest and accountable

Respect
We offer tolerance and compassion

Our Values

Positive
We have a can-do attitude

Community
We are community-focused and collaborative

Our Strategic Goals

Modern Homes

Our homes will be attractive, safe, energy efficient, accessible and affordable.

Over the next 3 years we will:

- continue to invest in our homes to ensure they meet modern standards and tenants' needs and expectations.
- prepare for new net zero requirements.
- remain fully committed to building new homes, given the ongoing housing crisis and our desire to increase choice.
- explore the potential to offer different types and tenures of housing.

Responsive Services

Our services will be easy to access, meet local needs, demonstrate value for money and achieve high levels of satisfaction.

Over the next 3 years we will:

- continue to ensure tenants are supported to maintain their tenancies.
- promote the services we currently provide and also review where services can be enhanced.
- explore how customers' needs are changing, how technology can be used to better effect, and where there are gaps in current provision.
- work with partners to enhance our tenancy and factoring services.

Productive Partnerships

Our partnerships will be integral to the success of our delivery, innovation, growth and community impact.

Over the next 3 years we will:

- review and strengthen our approach to partnership working.
- continue to invest in our existing partnerships while seeking opportunities to attract new partners who align with our vision and values.
- build on our track record as a trusted partner with strong project management and delivery skills.

Resilient Organisation

Our organisation will be modern, financially strong, well-governed, and a great employer.

Over the next 3 years we will:

- continue to strengthen our organisational resilience.
- continue to invest in our people.
- seek to enhance our performance by managing risk, harnessing technology, and reviewing our processes.
- review our subsidiary organisation and explore the potential for growth and diversifying our income stream further.

We're excited about the future!!

Exciting News: Paisley Housing Association Joins TIS!

We're thrilled to share that we are now a proud member of TIS – the Tenant Information Service, a national organisation at the forefront of tenant participation and community engagement in Scotland.



This marks an exciting step forward as we strengthen our commitment to empowering tenants, enhancing community voices, and shaping the future of housing together.

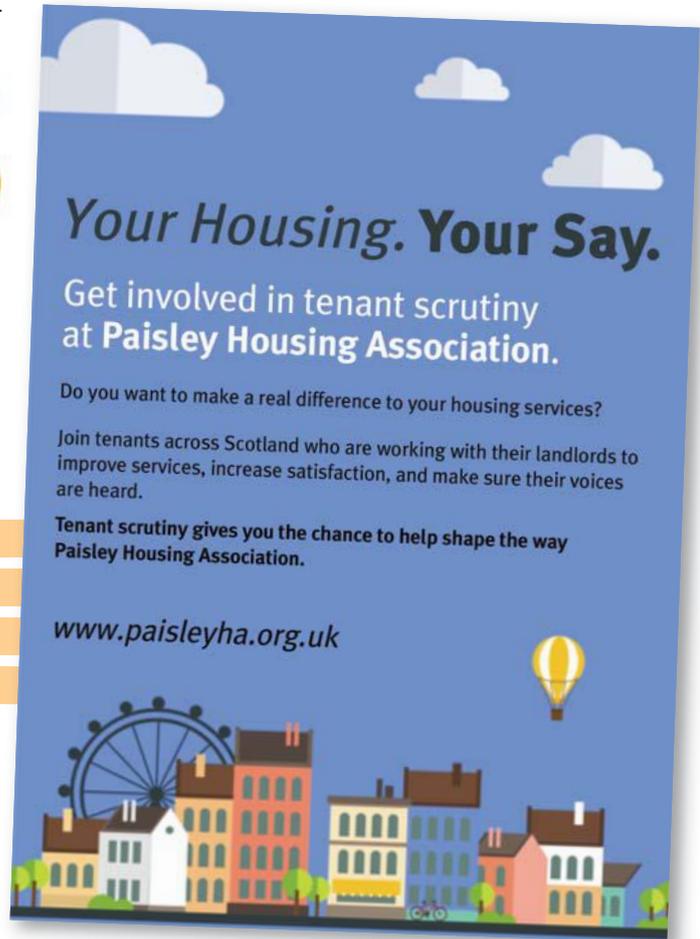
TIS plays a vital role in supporting tenants and landlords to work in partnership, offering expert advice, training, and support to encourage meaningful participation. Their values of inclusion, collaboration, and innovation closely align with our own, making this partnership a natural fit.

Through our membership with TIS, we're looking forward to:

- Gaining access to expert knowledge and resources
- Participating in national networks and events
- Enhancing tenant engagement strategies
- Supporting communities to thrive and grow

TIS is passionate about making a positive difference, and we are excited to be part of that mission. By working together, we will continue to ensure that tenants' voices are at the heart of everything we do.

We look forward to the opportunities this partnership brings as we continue to build stronger, more connected communities in Paisley.



What is tenant scrutiny?

Tenant Scrutiny is a way for tenants to:

- Work together to review how housing services are delivered.
- Ask questions and challenge decisions using clear facts and information.
- Influence changes that lead to better services and value for money.
- It's about partnership – tenants and staff working together to make things better.



Your role

As a member of the Paisley Housing Association Scrutiny Group, you will:

- Take part in reviewing services and performance.
- Recommend ways to improve how things are done.
- Make sure services meet tenants' needs and expectations.
- Work towards better value for money for everyone.

You don't need any previous experience – just a willingness to get involved. Independent advice, training and support will be provided by the Tenants Information Service (TIS).

Scrutiny has helped me understand how decisions are made – and how I can influence them for the better.

Tenant Representative,
West Lothian

We made real changes by looking into how the housing improvement programme was delivered. It's good to know our input made a difference.

Tenant Representative,
East Ayrshire

Get involved

For further information about the Scrutiny Group and to get involved, please contact Marina McCall at Paisley Housing Association on **0141 889 7105** or email marina.mccall@paisleyha.org.uk

Key Performance – How did we do for 2024-2025

We understand how important our services are to you, and we are committed to delivering them as effectively as possible. This includes key areas such as how quickly we carry out repairs, how efficiently we allocate empty properties, and how we manage rent arrears.

Continuous improvement is central to everything we do. That’s why we regularly review and benchmark our performance against other similar social landlords. This helps ensure we are always aiming higher in the quality and speed of our service delivery.

This is a snapshot of our performance for the year ending March 2025, alongside the Scottish Average figures. This allows residents to clearly see how we are doing in comparison with other housing providers across Scotland.

All the information presented relates to the Scottish Social Housing Charter Indicators, which we report annually. For more details, please visit the Scottish Housing Regulator website: <https://www.scottishhousingregulator.gov.uk>. The Scottish Average figures are for 2023/24, the most recent available at this time.

Housing Management Summary of Key Performance Indicators:

Void Rent Loss (%)

- **Our Performance: 0.31%**
- Scottish Average: 1.41%



We performed significantly better than average, meaning properties were re-let quickly and income loss was minimised.

Turnover Rate (%)

- **Our Performance: 6.35%**
- Scottish Average: 7.2%



Better than average, showing stable tenancies and a lower rate of tenant turnover.

Rent Arrears (% of Gross Rent)

- **Our Performance: 1.86%**
- Scottish Average: 6.7%



Excellent performance, indicating strong rent collection processes and tenant engagement.

Tenancy Sustainment (over 1 year)

- **Our Performance: 95.45%**
- Scottish Average: 91%



Above average, suggesting tenants are receiving good support to maintain long-term tenancies.

Complaints received from Residents and Owners

- **Our Performance of Received Complaints: 64**
- Scottish Average: 223
- Our Performance on % Upheld (including partially upheld): 42%
- Our Performance on % Completed within timescale: 91%
- Our Performance on % Resolved to satisfaction of complainant: 80%

We will continue to strive to improve in this area.

What you can expect!!

We are reviewing how our complaints are resolved. This includes better follow-up, more transparency and learning to focus on listening. We are here and we are paying attention. We appreciate your honesty and your commitment to making Paisley Housing Association a great place to live.

Asset Management Summary of Key Performance Indicators:

Emergency Repairs completed

- Our Performance: 94.0% 
- Scottish Average: No benchmark

We performed significantly better than average, meaning properties were re-let quickly and income loss was minimised.

Reactive Repairs % completed Right First Time

- Our Performance: 96.2% 
- Scottish Average: 88.4%

Excellent performance, indicating robust performance with reactive repairs and getting it right first time.

Urgency Repairs completed within Timescale

- Our Performance: 96.4% 
- Scottish Average: No benchmark

We will continue to strive to improve in this area.

Gas Safety Checks every 12 months

- Our Performance: 98% 
- Scottish Average: 100%

We will continue to strive to improve in this area.

Routine Repairs completed within timescale

- Our Performance: 96.0% 
- Scottish Average: No benchmark

We will continue to strive to improve in this area.

Percentage of homes meeting the Scottish Housing Quality Standard (SHQS)

- Our Performance: 95.7% 
- Scottish Average: 88.4%

Excellent performance and above average, but we will continue to improve in this area.

Average time to complete Non-Emergency Repairs

- Our Performance: 3.2 days 
- Scottish Average: 9 days

Excellent performance, indicating robust performance with non-emergency repairs.

Medical Adaptations – the average time to complete

- Our Performance: 23.1 days 
- Scottish Average: No benchmark

We will continue to strive to improve in this area.

Average time to complete Emergency Repairs

- Our Performance: 2.2 hours 
- Scottish Average: 4 hours

Excellent performance, indicating robust performance with emergency repairs.



Get involved – become a Member for just £1!

Help us to help you to share your community by being a member of the Association. For on a one-off fee of £1.00 you will receive lifetime membership which allows you to attend our Annual General Meeting (AGM) the next one is in September, where you'll hear about our performance over the past year and have the opportunity to ask questions and provide feedback.

Membership also gives you the chance to apply to join our Board. As a Board member, you can play an active role in shaping the strategic direction of the Association.

Our Board is made up of dedicated volunteers who meet around eight times per year.

If you're interested in becoming a member of the Association or Board member, please contact Sandra Marshall by email at Sandra.marshall@paisleyha.org.uk or telephone **0141 583 4124**.



Keep us updated...

Have you changed your phone number or email address recently?

If so, it's important to let us know!

Keeping your contact details up to date means we can keep you informed about:

- Local community news and activities
- Support services that may be available to you
- Repairs, planned maintenance programmes, and safety inspections – like your annual gas safety check
- Tenant surveys and feedback opportunities

We regularly send out surveys by text and email because we value your opinion. But if we don't have your current details, you might miss the chance to have your say.

Please also let us know your preferred method of contact – phone, email, or both – so we can get in touch in the way that suits you best.

You can update your contact details in any of the following ways:

- **Telephone** – Call our office on **0141 889 7105**. Our reception staff will take your new details.
- **Email** – Send your updated information to admin@paisleyha.org.uk
- **Website** – www.paisleyha.org.uk/contact-us/



Tenant Surgeries

Our Tenant Surgeries are designed to ensure we are meeting the needs of our tenants within our local communities. These drop-in sessions provide an accessible opportunity for tenants to speak directly with our team about any tenancy-related concerns, get advice, and access support. By bringing our services closer to where people live, we aim to make it easier for tenants to engage with us and receive the help they need to sustain their tenancies.

Town Centre/ West End Surgery

Venue: Paisley Baptist Church, 14 Lady Lane PA1 2LJ

Time: 2:00 pm – 3:30 pm

Wednesday 20th August

Wednesday 15th October

Wednesday 3rd December



PAISLEY HOUSING ASSOCIATION TOWN CENTRE/WEST END

Do you need some assistance from us, come along and have a chat with one of our staff about any issues affecting you.

We will have staff from our Housing Management, Repairs and Advice Team available to help and give advice.

WEDNESDAY 20TH AUGUST

2:00pm - 3:30pm

Paisley Baptist Church, 14 Lady Lane, PA1 2LJ

Foxbar Surgery

Venue: Foxbar Youth Drop-In Centre, Findhorn Avenue PA2 0NP

Time: 10:00 am – 11:30 am

Thursday 10th July

Thursday 14th August

Thursday 11th September

Thursday 9th October

Thursday 13th November

Thursday 11th December



PAISLEY HOUSING ASSOCIATION FOXBAR SURGERY

Do you need some assistance from us, come along and have a chat with one of our staff about any issues affecting you.

We will have staff from our Housing Management, Repairs and Advice Team available to help and give advice.

THURSDAY 10TH JULY

10:00am - 11:30am

Foxbar Youth Drop-In Centre Findhorn Avenue, PA2 0NP

Glenburn Surgery

Venue: Glenburn Community Centre, Fairway Avenue, PA2 8DX

Time: 10:00 am – 11:30 am

Tuesday 5th August

Tuesday 7th October

Tuesday 2nd December



PAISLEY HOUSING ASSOCIATION GLENBURN SURGERY

Do you need some assistance from us, come along and have a chat with one of our staff about any issues affecting you.

We will have staff from our Housing Management, Repairs and Advice Team available to help and give advice.

TUESDAY 5TH AUGUST 2025

10.00am - 11.30am

Glenburn community centre Fairway avenue, PA2 8DX

South Area Surgery

Venue: South End Action Centre, 51-55 Stock Street PA2 6NGX

Time: 10:00 am – 11:30 am

Friday 20th June

July – December Dates TBC



PAISLEY HOUSING ASSOCIATION SOUTH AREA SURGERY

Do you need some assistance from us, come along and have a chat with one of our staff about any issues affecting you.

We will have staff from our Housing Management, Repairs and Advice Team available to help and give advice.

FRIDAY 20TH JUNE

10am till 11.30am

at Southend Action Centre, 57 Stock St, Paisley, PA2 6NN

What is Anti-social Behaviour?

As a tenant, you, members of your household, and your visitors must not harass or behave in an anti-social manner towards any person in your neighbourhood. This includes other residents, visitors, our staff, contractors, and agents.

Anti-social behaviour is any action that causes, or is likely to cause:

- Alarm or distress
- Nuisance or annoyance
- Damage to property

Harassment is also considered anti-social and includes actions or speech that cause a person alarm or distress. A **"course of conduct"** means such behaviour must happen on at least two separate occasions.

Examples of Anti-social Behaviour:

You, your household members, or visitors must not:

- Make excessive noise (e.g., from TVs, radios, musical instruments, DIY tools)
- Fail to control pets or allow them to foul or damage shared areas or other properties
- Allow visitors to be noisy or disruptive
- Use the property for illegal or immoral purposes
- Vandalise or damage communal areas, buildings, or the neighbourhood
- Leave rubbish in unauthorised areas
- Fail to reasonably control children who cause nuisance or annoyance
- Harass or assault anyone based on race, gender, age, disability, religion, sexual orientation, or any personal characteristic
- Use or carry offensive weapons
- Use or deal in illegal drugs or unlawfully sell alcohol

What is not Anti-social Behaviour?

Not all complaints are considered anti-social behaviour. Everyday living noise or minor lifestyle differences are not covered under our anti-social behaviour policy. While these concerns are noted and advice may be offered, they will not usually be formally investigated.

Examples of behaviour that are not considered Anti-social:

- Noise from occasional gatherings where no official complaints or enforcement action has occurred
- Normal household activities (e.g., walking on wooden floors, using washing machines between 6am-10pm)
- Cooking smells or general domestic odours
- Children playing in gardens or public spaces between 8am-9pm

- Minor disagreements between children or families
- Balls entering gardens accidentally
- Smoking in common areas (unless involving illegal substances)
- General vehicle noise or irresponsible parking (unless persistent or dangerous)
- Looking out of windows, rude gestures, or "dirty looks"
- Noise from video games or children drawing on pavements with chalk
- Fireworks usage (unless unlawful or dangerous)
- Social media disagreements or nuisance texts calls (unless threatening or harassing in nature)

Please note this list is not exhaustive. Each case is assessed on a case-by-case basis.

Support and Partnerships

If your concern does not fall under anti-social behaviour, we may refer you to another agency for support or guidance. We may also suggest mediation through **Renfrewshire Council's Mediation Service**.

We work in partnership with the following agencies in tackling anti-social behaviour:

- Police Scotland
- Renfrewshire Council's Community Safety Partnership (CSP)
- Environmental Services
- Noise Enforcement Officers
- Neighbourhood Wardens
- Youth Officers
- Housing Support
- Social Work and related support agencies



Safer Renfrewshire – helping you tackle Anti-social Behaviour

Renfrewshire Council is committed to making our communities safer and more pleasant for everyone. If you're experiencing ongoing problems in your area, Safer Renfrewshire may be able to help.



Issues we help with:

- Neighbour disputes
- Drug dealing
- Domestic noise complaints
- Youth disorder
- Vandalism and graffiti
- Littering and fly tipping
- Abandoned vehicles
- Dog fouling and nuisance dogs

Support from Community Safety Officers:

Senior Community Support Officers handle more serious or ongoing cases of antisocial behaviour, including those in the private housing sector. If early intervention doesn't resolve the issue, legal measures like Antisocial Behaviour Orders (ASBOs) or even eviction may be considered.

Noise complaints are also investigated. If noise exceeds permitted levels, a warning notice may be issued. Continued breaches can lead to a **£100 fixed penalty notice**.

How to report issues:

Community Safety Team (Weekdays):

07768 988186

Mon–Thurs: 8.45am–4.45pm

Fri: 8.45am–3.55pm

Out of Hours (Wardens Service):

0300 300 0380 (Option 1)

Or contact **Police Scotland** on **101**

Additional Services:

- Mediation is available to help neighbours resolve disputes amicably.
- Wardens patrol local areas to respond to safety, parking, and environmental concerns.
- Animal Wardens deal with stray or nuisance dogs and work with partners to address dangerous dog issues.
- Fly Tipping: If you spot fly tipping or dumped waste, report it via the Council website or call **0300 777 2292**. Offenders can face:
 - A **£200** fixed penalty
 - Court fines up to **£40,000** or even **imprisonment**.

Let's all play our part in keeping Renfrewshire safe, clean, and welcoming for all.

Are you a good neighbour?



We're inviting all current and new tenants to sign our **Good Neighbour Agreement** and by doing so, you'll be entered into a prize draw to **win a £50 voucher!**

The Good Neighbour Agreement sets out the responsibilities and expectations for Paisley Housing Association tenants. It promotes a respectful and supportive community, helping everyone enjoy a peaceful living environment. It also outlines what you can expect from us as your landlord.

To enter the draw, scan the QR code below or click the link <https://forms.office.com/e/J80PbShbaJ>

Scan me!



Submit your entry by **31st August 2025**.

Please note: If you would like a paper copy sent to you, please contact us on **0141 889 7105** we will send one out to you.

Let's work together to build a stronger, more connected neighbourhood.

Good luck!

Win a
£50
Voucher!



Bulk Collection Information – how to report

If you have bulk items to be uplifted, you can report them in one of the following ways:

- Email: Send details to **bulk@paisleyha.org**
- Phone: Call **0141 889 7105**, then choose **option 8** to leave a message

When reporting bulk items, please include:

- A clear description and quantity of each item
- The exact location of the items (e.g., front, side, or rear of property)

Collection Schedule

- Our contractor receives a weekly list every Wednesday
- Items are usually collected within 7–14 days of being reported
- Persistent Organic Pollutants (POPs) items (e.g. mattresses, sofas) may take longer due to special disposal requirements

Note: POPs are harmful chemicals that don't break down naturally. These items must be incinerated rather than sent to landfill.

We are committed to providing an efficient and effective bulk collection service. We work closely with our Estates Team to ensure collections are carried out promptly, with a strong focus on keeping our communities clean and safe.

We aim to have all reported bulk uplifted within 14 days. However, if your items have not been collected within this time: Please contact us again so we can investigate and follow up directly.

If you are not satisfied with any aspect of the bulk uplift service, we encourage you to let us know. Your feedback helps us improve and ensures we can address any issues promptly.

Call us on **0141 889 7105 (option 8)** or email **bulk@paisleyha.org**



Struggling to make your rent payments?

If you're having difficulty paying your rent or managing your finances, it's important to speak to us as soon as possible. Early support can make all the difference. Please contact your Housing Officer in the first instance, their contact details are listed below.

Your Housing Officer Contacts

Patch A – Foxbar Rivers/West End/Town Centre

Samantha Templeton • 0141 583 4129
samantha.templeton@paisleyha.org.uk

Patch B – Foxbar / Glenburn

George Gray • 0141 583 4107
george.gray@paisleyha.org.uk

Patch C – South & Town Centre

Jacqueline McLachlan • 0141 583 4125
jackie.mclachlan@paisleyha.org.uk

They can also refer you to our Advice Team, who offer specialist support with:

- Benefits and entitlements
- Money and debt advice
- Energy bills and efficiency
- Understanding how any changes may affect you

You can contact the Advice Team directly at:

adviceteam@paisleyha.org.uk • 0141 889 7105 (Option 7)

How your Housing Officer can help

Your Housing Officer can work with you to:

- Identify suitable payment options
- Set up affordable repayment arrangements
- Check if you're entitled to any benefits or financial support
- Refer you to support agencies
- Provide food and fuel bank vouchers

Don't delay – get in touch

Missing rent payments can lead to increased debt, and in serious cases, legal action to recover arrears, court costs, and possession of your home. However, by contacting us early, we can often help you avoid this.

We're here to help – please don't wait until it's too late.

Who let the dogs out?

Your dog might be a great companion to you but not everyone in your neighbourhood may feel the same way.

While most dog owners are responsible, a small number continue to let their dogs foul in shared areas without cleaning up after them. This creates a mess and causes frustration for others living nearby.

As a dog owner, you are fully responsible for your pet's behaviour, that includes making sure you always clean up any mess it leaves behind, whether it's on the pavement, a grassed area, or near your home.

This is especially important in shared spaces, such as public areas or gardens that are maintained through a grass-cutting service. Dog fouling in

these areas is unhygienic and unfair to others who share the space.

If you witness someone allowing their dog to foul in a shared area without cleaning it up, please report it. We will investigate and, where necessary, take appropriate action to help ensure a cleaner, safer environment for everyone.

Note: Free dog poo bags are sometimes available from council offices, libraries, and local community hubs (subject to availability). The council can issue Fixed Penalty Notices (£80 fines) if someone is caught not cleaning up after their dog.

Let's all do our part to keep our community clean and respectful.



MONEY MATTERS – FOCUS ON FAMILIES • MONEY MATTERS –

Scottish Child Payment

Scottish Child Payment is a payment that is only available in Scotland and helps towards the costs of supporting your family.

It's a weekly payment of **£27.15** that you can get for every child you look after who's under 16 years of age. You'll get the payment every 4 weeks if your application is successful. The payment is completely disregarded for the purposes of any other UK or Scottish benefits. You can apply whether you're in work or not, if you or your partner are getting one or more of the following benefits:

- Universal Credit
- Income-based Jobseeker's Allowance (JSA)
- Pension Credit
- Income Support
- Income-related Employment and Support Allowance (ESA)

Only one person can get Scottish Child Payment for a child. This means, if 2 people apply for the same child, Social Security Scotland have a process of deciding who gets the payment.

How do I apply?

You can apply online at www.mygov.scot/scottish-child-payment or by calling Social Security Scotland on **0800 182 2222**.

If you apply you will automatically be assessed for any Best Start Grant payments you might be eligible for.

If you need help to apply you can contact our advice team.



Support to apply...

The Association is committed to helping our tenants, and their household members, manage their money and help them pay their essential bills such as their rent. In doing this we have a dedicated Advice Team to help our tenants manage their finances.

Our service is free, impartial, and confidential.

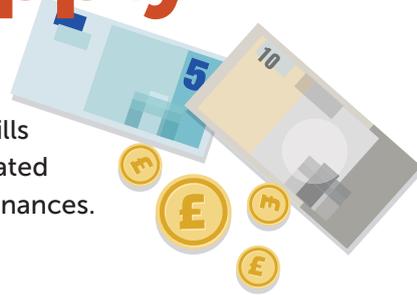
Our Advice Team assists tenants and members of their household, with the following areas:

- Welfare Benefits Advice
- Money Advice
- Energy Advice

You can contact our advice team by phone on **0141 889 7105** or email on adviceteam@paisleyha.org.uk

When you contact, we will offer you an appointment at our office to discuss your issue and see how we can help you.

We can also offer appointments for certain issues by telephone.



School Clothing Grant and Free School Meals Applications Open



Applications opened on 2nd June 2025 at Renfrewshire Council's website for Free School Meals and Clothing Grants.

Who can get it?

Your child can get a clothing grant if they go to a Renfrewshire school, and you get Housing Benefit or Council Tax Reduction.

Your child can get a clothing grant and free meals in school and meal payments during the holidays, if they go to a Renfrewshire school and you get:

- Universal Credit (where your monthly earned income is not more than £796)
- Income Support
- Income-based Job Seeker's Allowance
- Income-based Employment and Support Allowance



What will I get for the School Clothing Grant?

The School Clothing Grant will pay:

- £120 per child, for primary aged children, and a winter payment of £50
- £150 per child, for secondary aged children, and a winter payment of £50

My child is in Primary 1 to Primary 5 and I get school meals this way

Even if your child is automatically eligible for free school meals, it is still important to apply as if you are eligible for Free School Meals you will get additional payments to help during school holidays.

How do I apply?

You can apply online at www.renfrewshire.gov.uk. If you need help applying you can contact our advice team.

FOCUS ON FAMILIES • MONEY MATTERS – FOCUS ON FAMILIES

Best Start Grants and Best Start Foods



The Best Start Grant is a series of payments which you can receive up until your child starts school.

The three payments are:

Payment	How much is paid?	When is it paid?
Pregnancy and Baby Payment	If it is your first child (or you do not have another child under 16) the payment is £767.50. For all subsequent children the payment is £383.75.	You can apply after you have reached the 24th week of pregnancy until your child is 6 months old.
Early Learning Payment	£319.80	When your child is aged between 2 years and 3 years and 6 months.
School Age Payment	£319.80	When your child is old enough to start primary school.

You should receive this automatically if you receive the Scottish Child Payment.

There are no restrictions as to what you can spend this money on, but it is suggested that you spend this money on items appropriate to the child and the stage they are at.

Best Start Foods is a payment that is made to a prepaid card every 4 weeks during pregnancy until the child turns 3.

The payments are:

- **£21.60** during pregnancy (you'll get the same amount whether you're having one or more babies)
- **£43.20** for each child from birth until they're one year old
- **£21.60** for each child aged between one and 3 years old

You can use your card online or in supermarkets and smaller shops that sell healthy foods. Your card might be declined if the shop or website does not sell the healthy foods listed on your card.

How do I apply?

You can apply online at www.mygov.scot/best-start-grant-best-start-foods or by calling **0800 182 2222**.

You can apply for **Best Start Foods** as soon as you know you are pregnant, you can apply for the Best Start Grant after 24 weeks of pregnancy and within one of the windows in the table above.

Child Benefit

Child Benefit is paid by HM Revenue and Customs (HMRC). You get Child Benefit if you're responsible for bringing up a child who is:

- under 16, or
- under 20 if they remain in education or training.

If your child is aged 16 to 19, they must either be in full time non-advanced education or approved training. Non-advanced education includes school and any full-time school level qualification. Common examples of a school level qualification are National Certificates (NC), HNCs, HNDs or University Qualifications are advanced education, and you cannot get Child Benefit if your child is studying at this level.

Who receives the Child Benefit?

Child Benefit is paid to the main carer of the child.

How much is paid?

You will be paid an amount for each child, this will be:

- **£26.05** per week, for your eldest or only child
- **£17.25** per week, for each additional child

When and how to claim

You can claim Child Benefit 48 hours after you register the birth of a child, or as soon as you become responsible for the child if this happens later.

You can claim online at www.gov.uk/child-benefit/how-to-claim or by calling **0300 200 3100**.

MONEY MATTERS – FOCUS ON FAMILIES • MONEY MATTERS –

Child Disability Payment

Child Disability Payment is a benefit designed to support people with additional costs of having a disability. It is split into two elements, **Care** and **Mobility** which can be paid at different rates depending on the degree of disability.

What can be paid?

Rate	Care element	Mobility element
High	£110.40	£77.05
Middle	£73.90	
Low	£29.20	£29.20

The care element covers day and nighttime needs (such as washing, dressing, eating and supervision to ensure they are safe). The care element can be considered from when a child is 3 months old unless they are terminally ill, where they can qualify from birth.

The mobility element covers supervision when outside and the ability to walk. The mobility element is not usually paid until the child reaches 3 years old.

What conditions are relevant?

Child Disability Payment is about the effect on the child, and not specific conditions. Particularly given that it is often time consuming to get a diagnosis for a child, but the following conditions are common reasons for an award being made:

- Neurodiversity (such as Autism or ADHD) - In this case it often helps to be on at least on the diagnosis pathway.
- Learning, Behavioural or Mental Health problems.
- Physical problems that may cause pain or impaired movement.

How is it assessed?

The application process for Child Disability Payment is quite lengthy.

- 1 The first stage is to complete part 1 of the application, this can be done online or over the phone. This involves asking some fairly straightforward questions about you and the child.
- 2 The next stage is to complete part 2 of the application, this should be completed within 6 weeks of part 1. This will ask detailed questions about treatments and therapies, the effect of the condition on the child and any professionals that they deal with (such as GP, ASN teacher, nurse etc.).
At this stage you should provide as much evidence as possible about your child's health condition.
- 3 After this it can take around 6 months for a decision to be made.

What evidence should I provide?

As much as possible, but examples of evidence that can be useful are:

- Letters from GPs or other health professionals.
- Information from the child's school or nursery.
- Information from someone who knows the child well, such as a friend or family member.
- Your child's medical records.

What if I disagree with the decision?

As with any health-related benefit, decisions can be subjective, and people may disagree with the decision.

If you feel the decision is wrong, you can:

- Request a re-determination (this should be done within 6 weeks of the original decision, but can be up to 1 year if you have a good reason)
- After a re-determination you can appeal the decision (this should be done within 31 days of the re-determination, but can be up to 1 year if you have a good reason)

At an appeal hearing, an independent panel would hear the case. The panel would consider the claim again and make an independent decision on this.

What if I get an award?

Child Disability Payment will usually be paid 4 weekly, if there is a delay in making a decision you will usually receive a backdated award to the date you made the application.

You should also consider the following:

- An award of CDP, can lead to additional Disabled Child elements being awarded within Universal Credit.
- You may also become eligible for Carer Support Payment or a Carer element within Universal Credit
- This will also exempt you from the Benefit Cap within Universal Credit or Housing Benefit if this applies to you.

So, it is always worthwhile to get a benefit check carried out after a decision is made.

Additionally, if the High Rate of the mobility element is awarded you may be able to access the Motability scheme for access to a car.

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Education Maintenance Allowance

What is it and who can get it?

Education Maintenance Allowance (EMA) is a weekly payment of £30, paid directly to young people aged 16 to 19 who continue in full-time education after they reach the statutory leaving age.

If you are between 16 and 19, and plan on continuing at school from August 2025, you can apply for EMA if:

- you go to a school in the Renfrewshire Council area
- your household earns less than the income thresholds listed below
- your course is at least 21 hours of guided learning per week
- you agree and sign a valid learning agreement with your school.

Earnings threshold

Renfrewshire Council look at the income of adults in your home who look after you. In most cases, this will be your parent or parents, but it could also be your grandparents or another family member.

To qualify for EMA, your household must have an income of:

- up to £24,421 per year before tax, with one dependent child or young person up to 25 in full time education
- up to £26,884 per year before tax, with more than one dependent child or young person up to 25 in full time education.

How your EMA is paid

EMA is paid fortnightly, two weeks in arrears. You'll begin receiving payments when you have been awarded your EMA and your school has your learning agreement.

It is paid directly into your bank account. If you don't have a bank or

building society account, you'll need to open one. Your account must be one that accepts BACS payments (these are payments that are paid electronically from one bank account to another). Check with your bank if you're not sure.

EMA is not paid during school holidays. It is only paid when you are at school.

Your EMA payment can be withheld if you don't follow your learning agreement.

How to apply

You can apply for an EMA on Renfrewshire Council's website at www.renfrewshire.gov.uk.

Applications usually open during the summer holidays.



Young Carer Grant

Young Carer Grant is a yearly payment of £390.25 for young carers in Scotland.

It is paid to Young Carers aged 16, 17 or 18 who care for a disabled person (or multiple disabled persons) for 16 to 35 hours per week.

If you are over 16 and care for a disabled person more than 35 hours per week you may be eligible for Carer Support Payment, depending on your circumstances.

The disabled person you care for must receive either:

- The Middle or Higher Rate of the Care element of DLA
- The Middle or Higher Rate of the Care element of Child Disability Payment
- The Daily Living element of PIP or Adult Disability Payment
- Attendance Allowance or Pension Age Disability Payment

How to apply

You can apply for a Young Carer Grant online at www.mygov.scot/young-carer-grant or by calling Social Security Scotland on **0800 182 2222**.

Radio Tele Switch Turn Off

If you have electric heating, you may be one of the almost 1 million homes that have a Radio Tele switch Service (RTS) meter. Starting on Monday 30 June 2025, the RTS signal will start switching off in certain areas. The signal will be switched off area by area, between 30th June 2025 and the end of September.

Unless you arrange a replacement with your energy supplier now, your heating and hot water may stop working.

Here's what you need to know:

How do I know if I have an RTS meter?

Most meters with Radio Tele switching in our Housing Stock are based within Oliphant Court.

You might also have an RTS meter if you:

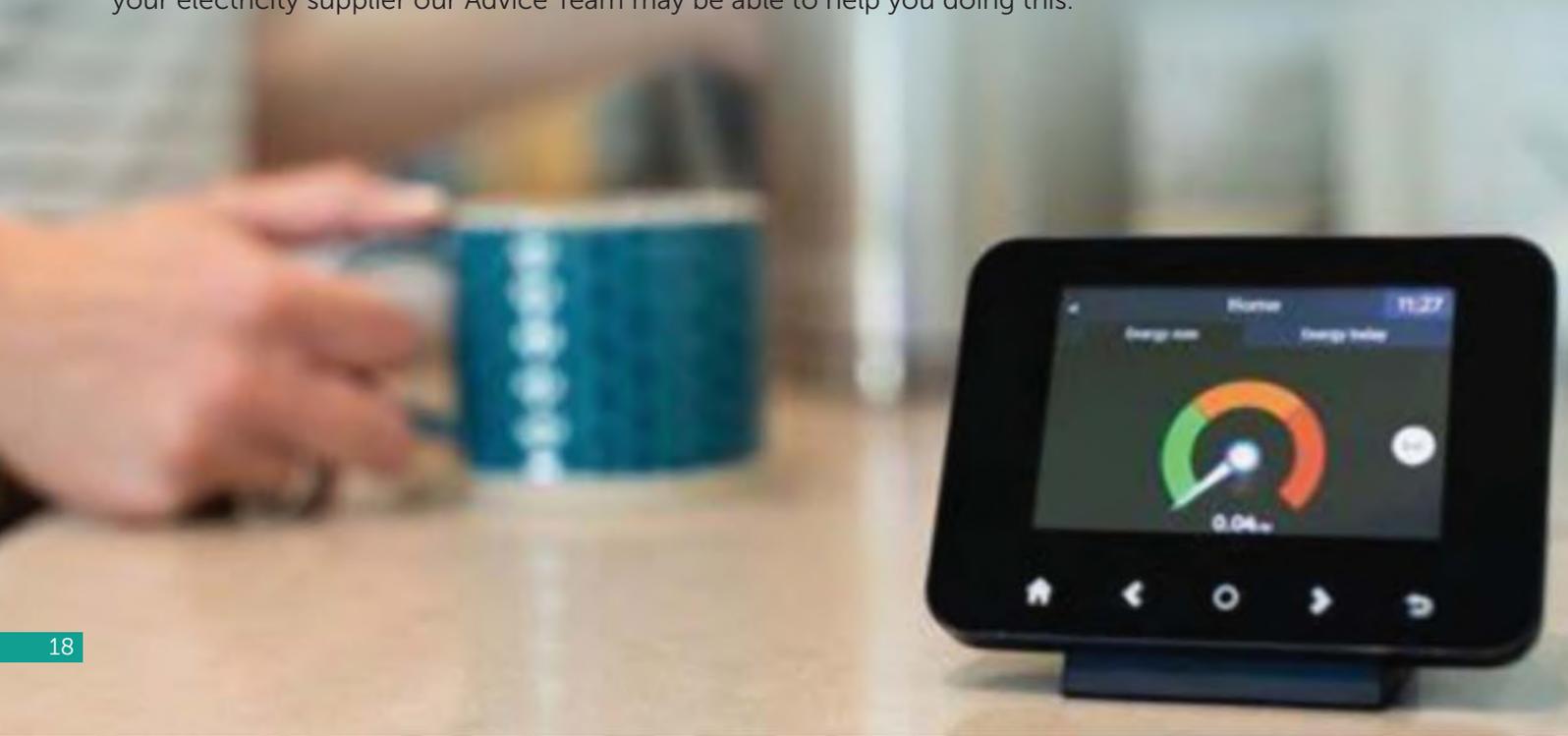
- Use electric heating to heat your home, or;
- Have a tariff where the price of electricity changes at various times of day, or;
- Have a separate box near your electricity meter with the words 'radio tele switch' or 'radio telemeter.'

What do I need to do?

If you have an RTS meter, your electricity supplier should have been in touch with you already via letter about replacing your meter with a smart meter.

If you have an RTS meter and have not already changed your meter, or booked a meter change, you should contact your electricity provider right away to arrange this.

Paisley Housing Association cannot arrange your meter change for you, but if you need help contacting your electricity supplier our Advice Team may be able to help you doing this.



Project Development Update: transforming historic tenements into modern, affordable homes

Paisley Housing Association, in partnership with Renfrewshire Council and with funding from the Scottish Government, is proud to announce the transformational refurbishment of the 5 vacant tenements within the heart of Paisley.

The 5 tenements comprise of a listed building at 33 Causeyside Street, and the adjoining tenements at 3, 5, 7 and 9 Orchard Street. We are working closely with Historic Environment Scotland and Renfrewshire Council to ensure sympathetic modernisation is achieved to preserve the character of the tenements.

The works commenced on site in the summer of 2024, and the project is being delivered by Procast Group, one of Scotland's leading principal retrofit contractors, the project will bring 50 high-quality, affordable homes to the town centre while supporting the retention of established local businesses. Works are progressing well, with completion anticipated in late Autumn 2026.

Internal improvements will include the installation of new windows, doors, kitchens, and bathrooms. Externally, the buildings will benefit from stone repairs, re-roofing, upgraded close doors, and newly landscaped back courts, preserving the historic charm of the tenements while ensuring they meet modern standards.

This ambitious project is being funded by Paisley Housing Association, with £4.8 million of support from the Scottish Government's Affordable Housing Supply Programme and an additional £500,000 from Renfrewshire Council's Private Sector Housing Grant.

We are delighted to see this much-needed project advancing. It reflects a shared commitment to



partnership working, housing regeneration, delivering lasting social and economic benefits while protecting Paisley's architectural heritage.

This project demonstrates what can be achieved through collaboration and a shared vision for inclusive, sustainable housing in Paisley.

We will continue to keep you updated on this Project Development!!

Property Planned Works 2025-2026 Update

We're committed to keeping your homes safe, comfortable, and energy efficient. Every year, we invest over £1 million in improving and maintaining our properties. Thanks to these efforts, 98% of our homes now meet the Scottish Housing Quality Standard.

Here's a look at the key improvement works planned for this year across our properties:

Boiler Replacements 99 Homes



Areas:

Don Drive, Gordon Street, Gryffe Crescent, Neilston Road, Orchy Crescent, Stevenson Street, and Stock Street



Electrical Rewiring 105 Homes



Areas:

Argyle Street, Barterholm Road, Broomlands Street, Mannering Road and Oliphant Crescent

New Front Doors 96 Homes



Areas:

Manor Road, Dee Drive, Don Drive, Findhorn Avenue, Heriot Avenue, Montrose Road, and Spey Avenue

New Kitchens 276 Homes



Areas:

Broomland Street, George Place, George Street, Queen Street, Stock Street, Storie Street, Braids Road, Causeyside Street, Neilston Road, Stevenson Street, and Thomson Brae



Renewable Heating Project 56 Homes



Location: Oliphant Court

Lift Upgrade – 2 Blocks

Location: Oliphant Court (odd & even numbers)

Communal Fire Doors

Location: Various properties across our property stock



Extractor Fan Installation 220 Homes



Location: Foxbar

Net Zero Retrofit – 3 Homes



Location: Foxbar

If your home is part of one of these upgrades, our team will be in touch with more information and to arrange appointments where needed.

Thank you for your patience and cooperation as we carry out these essential works. Your comfort and safety remain our top priority!

If you have any questions or concerns about upcoming works, please don't hesitate to contact our office.

Keeping your home safe – Electrical Installation Condition Report (EICR)

Residents' safety at home is one of our top priorities. That's why every five years, we carry out an Electrical Installation Condition Report (EICR) in all of our properties. This inspection is essential to ensure your home's electrical system is safe, compliant, and in good condition.

What is an EICR?

An EICR is a full inspection and testing of the electrical installations in your home including sockets, switches, wiring, and the consumer unit. This helps identify any potential issues and ensures your electrical system meets all the current safety standards.

Why is it important – High Priority?

The EICR is a legal requirement and forms part of the Scottish Housing Quality Standard (SHQS). It plays a key and vital role in preventing electrical hazards such as shocks or fires, helping us keep you and your home safe.

What should you expect?

- We will contact you when you by phone or letter to arrange the inspections due.
- The inspection will be carried out and takes around 45 minutes.
- You will need to provide clear access to your electrical cupboard and a selection of sockets.
- One of our approved contractors, will attend the appointment

What happens if faults are found?

- Minor faults will usually be repaired on the day.
- Major work, such as replacing a consumer unit, will be booked in as follow-on work at a time that suits you.

Please remember - access is essential

Providing access for the EICR is a requirement of your tenancy agreement. If you're unable to attend your scheduled appointment, please contact us to rearrange. If you have any questions or need to discuss your appointment, please contact our Asset Team at **0141 583 4100**.

Thank you for your cooperation in helping us keep your home safe.

Important information about Asbestos Surveys

We have a duty of care to ensure the safety of both our tenants and property owners, as well as our contractors.

To safely carry out certain repairs for planned program works, we may need access to your property to complete an **Asbestos Survey**. Please note that **this does not mean asbestos is present in your home**. The survey is a precaution to identify whether asbestos exists, helping us to maintain a safe living and working environment.

If a survey is required, we will make a suitable appointment with you and have our approved asbestos contractor attend. If you are contacted, we kindly ask that you cooperate with us and arrange access for the survey to be completed.

If you have any questions about this process or any work being carried out in your home, please contact our office.

Thank you for your understanding and cooperation.



Mould & Dampness. Spot it. Stop it

Condensation is a common cause of damp in homes. It forms when warm air hits cold surfaces, like windows or walls, turning into water droplets. Left untreated, this can lead to mould.

Steps on how to reduce condensation and keep your home healthy:

Step 1. Let fresh air in

- Open windows daily (even for 10 minutes)
- Use extractor fans in kitchens & bathrooms
- Close doors when cooking or showering

Step 2. Wipe down windows

- Wipe down windows and sills, to remove any moisture. Use a cloth and wring it out instead of letting it dry on a radiator

Step 3. Dry clothes safely

- Dry outside if possible
- Avoid drying clothes on radiators

Step 4. Control kitchen moisture

- Use lids when cooking
- Turn on extractor fans
- Open a window while boiling or frying

Step 5. Keep a steady temperature

- Low, consistent heating helps prevent cold surfaces
- Try to avoid very cold indoor temps

Step 6. Keep air flowing

- Leave gaps between furniture and walls
- Don't block vents or trickle vents on windows



Spot Mould? Act Fast.

If you see any mould growth, contact our Asset Team immediately on **0141 583 4100**.

An update for tenants and owners to the 'Heat in Buildings Bill' A New Approach for Scotland's Homes

In March 2025, the Scottish Government paused its original Heat in Buildings Bill, recognising the need for a revised approach. Now, the Acting Minister for Climate Action has confirmed that an updated version of the Bill will be introduced later this year.

This updated legislation will focus on:

- A targets-based strategy to reduce carbon emissions from home heating.
- Granting the Scottish Government powers to set minimum energy efficiency standards for homes and buildings.

Unlike the previous draft, the new Bill will not prohibit specific heating systems outright. Instead, it aims to support a managed and fair transition to cleaner energy.

However, while this shift in direction may be more practical, there are growing concerns. The Bill has already faced multiple delays, and without a clear implementation plan, Scotland risks falling short of its 2045 net-zero goals.



What's needed next?

- Clear support and financial incentives for households and property owners.
- A detailed roadmap for delivery, especially for older and harder-to-treat homes.
- Strong local partnerships and leadership to drive action on the ground.

As the new Bill is developed, Paisley Housing Association will be watching closely to ensure that ambition is backed by action. The heat is on not just in homes, but in the race to build a greener, fairer future for Scotland.

We will continue to keep tenants and owners updated on this!!

Our Estates Team

Welcome to our dedicated Estates Team, pictured below. They play a vital role in delivering a high-quality, responsive service to our tenants, property factored owners, and the wider local community.

The team is responsible for maintaining the cleanliness, safety, and overall appearance of our neighbourhoods. Their day-to-day work ensures that our shared spaces remain welcoming and well-managed.

What our Estates Team does:

- Regular inspections of communal areas
- Monitoring and reporting repairs and maintenance needs
- Addressing fly-tipping and other environmental issues
- Supporting residents with estate-related concerns
- Liaising with contractors and other services
- Promoting safe and attractive neighbourhoods
- Providing a visible presence and building community trust

Our Estates Team is often the first point of contact for many residents. Their friendly and hands-on approach helps to build stronger, more connected communities.

"We take pride in what we do. It's not just about keeping the place clean it's about making sure people feel safe, respected, and proud of where they live."

Kevin Watkins, Estates Team Supervisor

By working closely with tenants, owners, and local partners, our team ensures that our communities are not only maintained but continuously improved.



Fire Safety tips for your home

Your safety is important to us!!

Please take a few moments to read this essential fire safety guidance. By taking simple steps, you can help protect yourself, your household, and your neighbours.

Smoke Alarm Testing

Paisley Housing Association ensures that your property is equipped with working smoke alarms. However, it's important that you test your smoke alarms at least once a month. Press the test button until the alarm sounds – if it doesn't, contact us for assistance. Regular testing is the best way to make sure your alarm is ready to alert you in any emergency.



Kitchen Safety Tips

Never leave cooking unattended.
Keep flammable items away from stoves and heat sources.
Always switch off appliances after use.
Stay in the kitchen when using air fryers or open flames.



Electrical Safety

Avoid overloading electrical sockets.
Regularly inspect cables and plugs.
Use surge-protected extension leads.
Keep appliances away from water and switch them off when not in use



Candle Safety

Never leave candles unattended, especially in bedrooms.
Keep candles out of reach of children and pets



Plug Safety

Always check plugs and sockets for signs of damage, overheating, or burning smells.
Do not overload sockets - use one plug per socket wherever possible. If you use an extension lead, make sure it's surge-protected and avoid daisy-chaining multiple extensions together.
Unplug appliances when not in use to reduce fire risk.
Replace damaged plugs or cords immediately and never use electrical tape as a long-term fix.



Keeping your home safe - what if a fire breaks out in your stairwell?



Have you ever thought about what you would do if a fire broke out in your stairwell? It may not even start in your flat. A fire in a communal stairwell can be deadly, even a small bag of rubbish can create enough smoke to fill the entire stairwell. Unfortunately, items left in these areas are often deliberately set on fire.

Keep it clear

- Remove rubbish, old furniture, and personal belongings from stairwells.
- Ensure storage areas are kept locked.
- Contact your local council for advice on safe item disposal or uplift services

If a fire starts

- Keep doors closed to prevent smoke entering your home.
- Dial 999 and ask for the Fire and Rescue Service.
- Provide as much information as possible to help emergency responders

For free home fire safety advice
CALL 0800 0731 999 or visit
www.firescotland.gov.uk



SCOTTISH
FIRE AND RESCUE SERVICE
Working together for a safer Scotland



Keep safe online: protecting your email and passwords from hackers



Recent cyber attacks on well-known UK retailers Co-op, Harrods, and Marks & Spencer have shown how important it is to keep our online accounts safe. Hackers often target everyday people, hoping to steal personal information. But don't worry—there are simple steps you can take to protect yourself!

Why strong passwords matter

Hackers use special programmes to guess passwords by trying different combinations very quickly. If your password is weak, they could crack it instantly. But if it's strong, it might take them years—or even centuries! Hackers sometimes use a brute force attack program that tries every possible password combination, one by one, until they guess the correct one very quickly. The weaker the password, the faster they can crack it.

Here is how long it takes for a hacker to break different kinds of passwords:

- Passwords with only numbers (like "12345678") **instantly**.
- Passwords with letters but no numbers (like "password") **instantly**.
- Passwords with a mix of uppercase letters, numbers, and symbols (like "P@ssw0rd!") **a few hours**.
- Long passwords (14-18 characters with a mix of letters, numbers, and symbols) **hundreds or thousands of years**.

How to make a strong password

- Use **at least 14 characters** (the longer, the better!).
- Include uppercase and lowercase letters, numbers, and symbols.
- Avoid easy-to-guess words (no pet names or birthdays!).
- Use a password manager to create and store secure passwords.

Has your email been hacked?

A straightforward way to check if your email has been exposed in a data breach is to visit "**Have I Been Pwned.**" This free website lets you enter your email address and check if hackers have stolen your information. Visit: <https://haveibeenpwned.com/>



Watch out for scams: how hackers try to trick you

Sometimes, hackers do not need fancy tools to steal personal information—they just trick people into giving it away. This is called social engineering.

How they trick you

- Hackers pretend to be someone you trust – your bank, your boss, or a long-lost friend.
- They send fake emails or texts, asking for passwords or personal details.
- Some even call people (this is called vishing) and pretend there is an urgent problem.

How to stay safe

- **Do not share passwords or personal details** – real companies never ask for this over email or text.
- **Check the sender** – fake messages often come from strange email addresses.
- **Be careful with unexpected messages** – if your bank says there is a problem, call them directly to check.
- **Turn on multi-factor authentication (MFA)** – this makes it harder for hackers to break into your accounts.

Hackers rely on tricks, but knowing their methods helps you stay one step ahead!

Keeping your passwords and emails secure does not have to be complicated. By following these simple steps, you can help protect yourself and your community from cyber threats. Stay safe online!

Number of Characters	Numbers Only	Lowercase Letters	Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters, Symbols
4	Instantly	Instantly	Instantly	Instantly	Instantly
5	Instantly	Instantly	57 minutes	2 hours	4 hours
6	Instantly	46 minutes	2 days	6 days	2 weeks
7	Instantly	20 hours	4 months	1 year	2 years
8	Instantly	3 weeks	15 years	62 years	164 years
9	2 hours	2 years	791 years	3k years	11k years
10	1 day	40 years	41k years	238k years	803k years
11	1 weeks	1k years	2m years	14m years	56m years
12	3 months	27k years	111m years	917m years	3bn years
13	3 years	705k years	5bn years	56bn years	275bn years
14	28 years	18m years	300bn years	3tn years	19tn years
15	284 years	477m years	15tn years	218tn years	1qd years
16	2k years	12bn years	812tn years	13qd years	94qd years
17	28k years	322bn years	42qd years	840qd years	6qn years
18	284k years	8tn years	2qn years	52qn years	463qn years

Struggling to afford mobile data?

In partnership with the Good Things Foundation, Paisley Housing Association is offering FREE SIM cards to help tenants stay connected.

We can help if you are a Tenant or a Property Owner – free SIM cards are available now.

To qualify, you must:

- Be 18 or over
- Have a working mobile phone to activate the SIM
- **and** meet one or more of the following:
 - No or poor access to the internet at home
 - No or poor access to the internet when out and about
 - Can't afford your current mobile contract or top-up

Please note: Before collecting a SIM card, please scan the QR code and complete the short form.

or complete the survey here:

<https://forms.office.com/e/A0hSVq7293>



FREE Amazon Alexa Dots – 18 Devices Available!

Thanks to funding from **AbilityNet**, we're delighted to offer 18 FREE Amazon Alexa Dots to individuals in Renfrewshire who are experiencing digital exclusion.

These smart devices can help improve daily life by offering voice-activated support with reminders, information, and communication, especially for those who may struggle with digital access.

Who can apply?

Devices will be allocated on a **first come, first served** basis to individuals who meet both of the following criteria:

- Aged 18+ and living with a disability or health condition
- Digitally excluded – for example, unable to afford access to an appropriate device

How to Apply

If you meet the criteria and would like to request a device (or want more information), please contact:

Marina McCall
marina.mccall@paisleyha.org.uk
 0141 627 7205

Important Note: To help us report back to our funder, we kindly ask that each recipient to provide an update showing how the device has helped them.



Need help getting online? Visit Digital Champion Drop-in!



We know how important it is to stay connected, whether it's applying for jobs, checking emails, or keeping in touch with family. That's why Digital Champion Drop-in Sessions are now running across four local libraries to support you with everyday digital tasks.

No need to book - just drop in!

Here's when and where you'll find the sessions:

Day	Time	Library
Monday	2-4pm	Renfrew Library
Wednesday	2-4pm	Johnstone Library
Thursday	2-4pm	Paisley Central
Friday	2-4pm	Ferguslie Library

Drop-ins are perfect for help with:

- Using the library's public computers
- Sending emails or filling in forms
- Accessing online services (e.g., benefits, housing, healthcare)
- Learning how to use a computer, phone, or tablet

Want to know more?

Call your local library on **0300 300 1188** or pop in for a chat.
Please note: Some locations may have a short wait.

For more info, visit the Digital Skills section on the Renfrewshire Libraries website

www.renfrewshirelibraries.co.uk

Community Matters at Paisley Housing Association – we believe in the power of community. Whether you are a tenant or a property owner, staying connected and getting involved can make a real difference. Join in with local events, activities, and conversations to help make our neighbourhood stronger, safer, and more fun for everyone.

What's on locally this Summer

Looking for a great free day out this summer, then look no further!! The following pages detail loads of fun days and activities around Paisley Town. Get involved, have fun!

Paisley's CarFest...

...is returning to Paisley town Centre on Saturday 14th June 2025 and a fun day out for all the family is guaranteed!

There will be more than 100 classic, vintage and specialist custom cars on show as well as sports cars, supercars and emergency bikes too.

Running in the town center from 10am until 4pm, there'll also be FREE children's activities including teacups ride, face painting and balloon modelling as well as a FREE children's grand prix, FREE bumper cars and a FREE e-Kart Simulator too.

And of course, our local town center business market will be returning too - retailers taking part include Barnardo's, IVAD Gifts, John McKay Jewelers,



Kettle Black, Paisley Ginstitute, Rainbow Turtle, St Vincent's Hospice, Taste Buds Paisley, Two Towns Down Brewery, and The Auld Atelier, The Butterfly Room and What If Paisley - perfect for picking up that last minute gift for Father's Day.

Plus, there'll be live music too - join in for this great day out.

The Pirates of Paisley Trail 2025

Set sail for Paisley and join in for a swashbuckling adventure on the high seas!

This summer, they are bringing the Iconic Bricks Pirates of Paisley to the town center - don't miss this fun and FREE family day out.

There are pirates, mermaids, guards and a troop of mischievous monkeys to name just a few.

Get your selfie at the ship's wheel, the jolly boat. Can you beat Captain Blackbird to find the golden treasure?

The Pirates of Paisley will be here from Saturday 28th June until Monday 11th August.

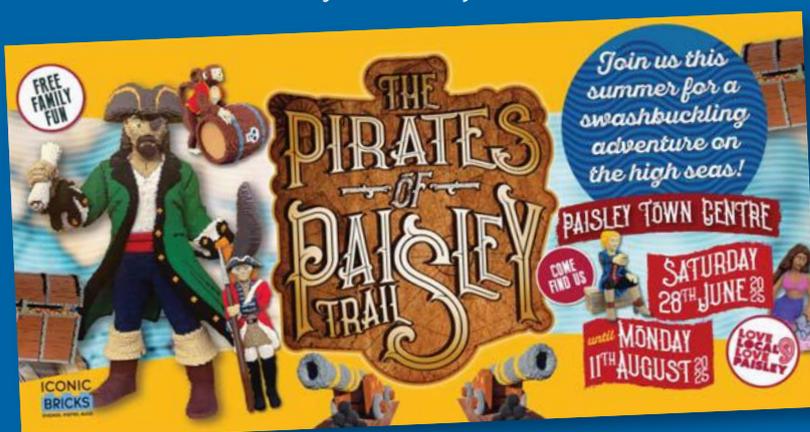
Once the trail is underway, just pick up a trail leaflet and your free activity sheet from the leaflet racks in the Paisley Centre, the Piazza Shopping Centre or the Lagoon Leisure Centre and let the adventure begin!

Then once you have completed the trail, just post your entry forms into the Pirates of Paisley post-boxes in either shopping center to enter our prize draw with two children's summer hampers up for grabs.

Once you've had fun with our summer adventure, we have a wide range of great shops and an abundance of fantastic food and drink venues, catering to every taste and budget, where you can have a well-earned rest.

So don't forget to collect our new updated and illustrated Paisley Food and Drink Map when you collect your trail leaflet and free activity sheet.

Plus, Paisley is Paw Friendly so no need to leave your four-legged friend at home.



School's out for Summer – creative adventures await in Paisley!

As the school bell rings for the last time this term, Paisley town centre is ready to welcome families with a vibrant lineup of summer activities designed to inspire, engage, and entertain children of all ages. From hands-on art workshops to dynamic music camps and energetic sports sessions, there's something for every young explorer. Here's your guide to the top summer programmes happening around town:

Art Riot Studio

Location: 28 High Street, Paisley

Paisley's newest creative hub, Art Riot Studio, offers year-round art classes for toddlers and children, with special summer sessions to keep young minds engaged. For more details, visit their Instagram page or email helloartriotstudio@gmail.com



Aurora Art Studio

Location: 16 Silk Street, Paisley

Aurora Art Studio is hosting Summer Workshops tailored for young artists:

14–18 July: Ages 5–11 • 21–25 July: Ages 11–16

Each session runs from 10am to 3pm, offering activities in drawing, painting, printmaking, and sculpting. For more information, email hello@auroraartstudio.co.uk.



Brick Lane Music Academy

Location: 7-9 Weir Street, Paisley

Brick Lane Music Academy presents a series of engaging summer workshops:

Magical Musicians:

30 June–3 July & 21–24 July (Ages 4+)

Starstruck Summer: 7–10 July (Ages 5–10)

Band in a Week: 14–17 July (Ages 8–13)

Each workshop runs from 10am to 3pm. For more details, visit www.bricklanepaisley.co.uk.



Made in Paisley

Location: 69 High Street, Paisley

Made in Paisley offers a variety of art classes for children, focusing on drawing and painting. Stay updated on their summer schedule by visiting their Facebook page or email madeinpaisley@gmail.com.



Restoration & Creation

Location: Browns Lane, Paisley PA1 2JH

Restoration & Creation hosts Kids Creative and Crafty Summer Workshops, providing a space for children to engage in hands-on crafting activities. For more info, telephone:

07878 130 792 Email: info@restorationcreation.com



St Mirren Summer Camps STREET STUFF

Street Stuff provides a range of weekly activities, primarily in the evenings and at weekends which are FREE to young people throughout Renfrewshire and since 2009 our diversionary approach has contributed to a sustained reduction of 65% in reported youth disorder and anti-social behaviour.

Our activities, which includes, multi-sports gaming (within our multi-purpose youth buses), community litter picks, as well as the wide range of current topical educational inputs, all of which are delivered by community staff from St Mirren Football Club.

Street Stuff also deliver additional sport & wellbeing activities, during school holidays, at various targeted locations throughout Renfrewshire with the provision of a Hot Healthy Meal which is FREE to all participants aged 5-16 years.

Our sessions are a fantastic way for young people to get out, take part in sport and meet new friends in a safe and positive environment with the opportunity to access volunteer and employment pathways.

Street Stuff is a partnership programme amongst Renfrewshire Council, St Mirren Football Club, Police Scotland, Scottish Fire and Rescue and Engage Renfrewshire.

If you require any further info please contact Stephen Gallacher on mobile **07557 281581** or by e-mail:

stephen.gallacher@stmirren.com

To learn more about Street Stuff please visit

www.renfrewshire.gov.uk/streetstuff



The Art Department

Location: 9-11 Causeyside Street, Paisley

The Art Department's Summer Art Camps are a hit among young creatives, offering a range of activities and workshops from drawing, printmaking, collages, sewing and mixed media. For more information, visit www.art-department.org.

What's on this Summer at the STAR Project

There's always something special happening at the STAR Project and this summer is full of opportunities to connect, create, and care for yourself and others. Based at 12–14 Wallace Street, Paisley, the STAR Project offers a wide range of events supporting wellbeing, affordable food access, creativity, and community spirit.

Food Support & Cost-of-Living Help

- **Pantry Plus**
Tuesdays: 12:30-6:00pm / Wed-Fri: 10:00-2:00pm
- **Community Fridge**
Tuesday to Friday by arrangement (10:00-2:00pm)
- **Breakfast Club**
Tues & Weds until 31st July, 10:00-11:00am
- **Snack Attack (Family Cooking)** – Wednesdays 2nd, 9th, 16th, 23rd July, 10:00-12:00pm
- **Jam Jar Movies, Summer Lovin' (Grease Sing-Along)**
– Friday 29th August, 7:00-10:00pm

Wellbeing & Community Connections

- **Drop-In Café** – Tues-Thurs, 9:30-12:00pm
- **One-to-One Support** – Tues-Fri, by arrangement
- **Money Matters Advice** – Tues-Fri, by arrangement
- **Men's Shed** – Tuesdays (11:00-1:00pm) & Thursdays (12:00-3:00pm)
- **Young Men's Group from 17-25 (Shortroods)** – Fortnightly – for dates contact the start project

Wellbeing Workshops & Green Events

- **Summer Solstice Wellbeing Workshops**
Thursday 19th June, 1:00-3:00pm
- **Summer Solstice Crafts**
Wednesday 18th June, 10:00-12:00pm
- **Team Up to Clean Up**
Wednesday 23rd July – time TBC

Creativity, Celebrations & Family Fun

- **Sma' Shot Day Parade**
Saturday 5th July, 12:00-12:45pm
- **Craft Workshops for Parade**
Tuesdays 17th, 24th June & 1st July, 10:00-12:00pm
- **Getting' Crafty with It (Post-Trip Crafts)**
Tuesdays 8th, 15th, 22nd & 29th July, 10:00-12:00pm
- **STAR Project AGM**
Tuesday 15th July, 4:00-6:00pm
- **STAR 25th Birthday Summer Fun Day**
Friday 25th July, 12:00-3:00pm
- **Consultation Lunch & Feedback Session**
Wednesday 30th July, 10:00-1:00pm
- **Back to School Breakfast**
Tuesday 19th August, 10:00-12:00pm
- **Welcome Back Crafts**
Wednesday 20th August, 10:00-12:00pm
- **End of Summer Tree**
Tuesday 26th August, 10:00-12:00pm

Get Involved!

Whether you're looking for support, new friendships, fun for the kids, or a way to give back, the STAR Project welcomes everyone. Just pop by, call **0141 889 5850**.

FREE Parkrun weekly – join in this Summer

Every Sunday at 9.30am

A 2km junior timed run in Barshaw Park. Parkruns are open to everyone, free, and are safe and easy to take part in.

This event encourages people of every ability to take part; from those taking their first steps in running to those with more experience, all are welcome. The aim is to have fun.

Please register before your first run at www.parkrun.org.uk/barshaw-juniors/



Renfrew Pipe Band Competition

Renfrew’s Robertson Park will host Scotland’s top piping talent once again as the Renfrew Pipe Band Competition returns to the town on Saturday 20 July.

The free-to-attend event will see a full day of family entertainment in the park from 10am – including children’s activities and workshops, inflatables and a farmer’s market.

More information about the event and the full order of competition for the day can be found at

<https://www.renfreshire.gov.uk/renfrew-pipe-band>



Barshaw Gala Day

Fun for all the family! Barshaw Gala Day returns to Barshaw Park in Paisley, come along for a day of free family fun. Barshaw Gala Day returns to Barshaw Park, Paisley, with 34 diverse stalls, four food vendors, a stage programmed by Paisley Radio, and an amazing host of free family-friendly activities - you won't want to miss this!

This year, this event partners with a local radio station, Paisley Radio.

Supported by Erskine Arts, Paisley Radio will host the stage throughout the day. They will introduce the stage acts and host the amazing treasure hunt where participants interact with the stalls to uncover clues. Ten lucky winners will receive treasure bags! The stage will showcase a variety of local performers and groups, including CB Dance Company, Rockus Community Choir and Happilele, a ukulele band. This day will give loads of free family fun!!



Renfrewshire Food & Drink Festival is a free entry festival taking place on Saturday 28th and Sunday 29th June in Robertson Park, Renfrew. Join in for a fantastic weekend filled with delicious food and drinks from local suppliers, perfect for the whole family!



Renfrewshire Libraries

What's on in our local libraries.

Some activities need to be booked in advance at <https://libcat.renfrewshire.gov.uk/>

Children's summer fun activities in the libraries during the summer 2025 school holidays.

To find out more and to enrol in the summer reading challenge, visit:

<https://libcat.renfrewshire.gov.uk/iguana/www.main.cls?p=13961a65-033a-4fdd-b6b1-cd91360ede1d&v=0b75ed2a-40dd-447c-8edf-6e74c25404f8>

Foxbar Library

Book Group Meets on the last Thursday of the month, at 11.30am. Next meetings: 26th June and 24th July 2025. Please contact the library to find out availability and for more information.

Bookbug Story time, songs and rhymes for pre-school children. Please book in advance at <https://outlook.office365.com/book/FoxbarLibraryBookings@renfrewshirecouncilgov.onmicrosoft.com/?ismsaljsauthenabed=true>

Please note, bookings become available 7 days before the sessions take place. Mondays and Fridays, 10am-10.30am. Tuesdays 1.30pm-2pm.

Councillor Surgery - Kevin Montgomery 1st Saturday of the month, 10am - 10.45pm. Next Surgery date: 5th July 2025

Jigsaws Fridays from 2.30pm. No need to book, just drop-in.

Knitting Natters Meets every Thursday, at 11.30am. No need to book, just drop-in.

Glenburn Library

Book Group 1 Last Thursday of every month, 11.30am. No need to book, just drop-in. Next meeting: 26th June 2025.

Bookbug Story time, songs and rhymes for pre-school children. Please book in advance at <https://outlook.office365.com/book/GlenburnLibraryBookings@renfrewshirecouncilgov.onmicrosoft.com/?ismsaljsauthenabed=true>

Every Monday, Wednesday, Thursday & Friday, 9.45am – 10.15am. Please note, bookings become available 7 days before the sessions take place.

Glenburn Book Club Meets fortnightly on Tuesday at 6.30pm. Next meetings: 24th June, 8th and 22nd July 2025.

Knit and Crochet Group for adults Bring your own project or start something new. Suitable for all skill levels. Meeting weekly on Wednesdays 3pm - 4pm. Limited spaces, please contact Glenburn Library to book your place.

LEGO Club Every Tuesday, 6pm-7.15pm. Limited spaces, please contact Glenburn Library to book your place.

Saturday Knitters for Adults Get crafty on the weekends with like-minded people!

Refreshments provided. Weekly on Saturdays at 3pm.

Upcycling and craft sessions for adults Learn how to make a woven item using fabric and yarn scraps. Tuesdays 3pm - 4.30pm. All materials provided, however you are welcome to bring your own fabric/yarn scraps if you need to destash! Limited spaces, please contact Glenburn Library to book your place.

Young People's Crochet Club Calling 11-15 year olds! Learn the basics of crochet, end the school week on a relaxing note, have fun and explore your creativity. Fridays, 3.30pm - 4.30pm. Please note: sign-ups can only be made by an adult parent or guardian; a full consent form will be required.

Paisley Central Library

Bookbug Story time, songs and rhymes for pre-school children. Please book in advance at <https://renfrewshireboxoffice.ticketsolve.com/ticketbook/shows/1173661862>

If you need assistance to book, please phone - 0300 300 1210. Every Monday and Friday 10.15am-10.45am. Please note, bookings become available 7 days before the sessions take place.

Bookworms Book Group (Suitable for adults) Meets on Tuesdays, every 4 weeks, 2pm - 3pm. Next meeting dates are 1st and 29th July 2025. New members welcome!

Gaelic Bookbug sessions at Paisley Central Library Did you know that Bookbug speaks Gaelic too? Come and join our Gaelic Bookbug sessions where Rachel and Bookbug will introduce you to some new Gaelic songs. We meet every fortnight on a Tuesday at 9.45am to 10.30am. Next sessions dates: 24th June, 8th and 22nd July, 5th and 19th August, 2nd September 2025. Event is free, but spaces are limited. Please book to ensure your place.

Knitting Group Need some help to get started knitting, this friendly group can help. All welcome! Meets on Fridays, every 4 weeks, 11am - 1pm. Next meeting dates are: 4th July, 1st August and 29th August 2025. No need to book, just drop-in.

Employability & Learning and Development

Parental Employability Support

Parents who are unemployed or working parents on benefits looking to get better paid jobs can access our specialist advice and support.

- Support from a dedicated adviser tailored to your own needs
- Advice to maximise your household income
- Access to training and support to develop your skills
- Opportunities with local employers with Family Friendly working hours

Better Off in Work Calculation
 First 3 months travel
 Help with Childcare Costs
 Sector Specific Training
 Financial support when starting work

If you would like more information on our Parental Employability Support Services please call 0300 300 1180 or email invest@renfrewshire.gov.uk



Boost your skills and career, employability & learning opportunities in Renfrewshire

Looking to enhance your skills, return to work, or explore new career paths? Renfrewshire offers a wealth of resources to support your journey. Whether you are a school leaver, job seeker, or adult learner, there are programs tailored to help you succeed.

Renfrewshire Council's Invest in Renfrewshire initiative provides comprehensive support for residents seeking employment or training. Services include:

- CV and Interview Preparation
- Job Search Support
- Tailored Programmes - Specialised support for individuals aged 16-24, those with disabilities, care-experienced individuals, and others facing employment barriers.

See below for the support in and around your local area who can help you!




Paisley Central Library

Invest in Renfrewshire Parental Employability Hub

Are you a parent living in Renfrewshire?
 Invest are hosting a parents' drop in session at Paisley Central Library, 68 High Street, PA1 2BS.
 Pop in to have a chat with Gemma about your training, employment and education options.

TUESDAYS
09:30 - 11:30




GEMMA

Contact us for more information:
 Fb: InvestinRenfrewshire
 e: invest@renfrewshire.gov.uk
 tel: 0300 300 1180



*Fortnightly from 13th August




Johnstone Station Seven

Invest in Renfrewshire Parental Employability Hub

Are you a parent living in Johnstone?
 Invest are hosting a parents' drop in session at Station Seven, 7 Quarry Street, Johnstone, PA5 8DY.
 Pop in to have a chat with Joan about your training, employment and education options.

WEDNESDAYS
09:30 - 13:00




JOAN

Contact us for more information:
 Fb: InvestinRenfrewshire
 e: invest@renfrewshire.gov.uk
 tel: 0300 300 1180






Gallowhill Community Centre

Invest in Renfrewshire Parental Employability Hub

Are you a parent living in Gallowhill?
 Invest are hosting a parents' drop in session at the Gallowhill Community Centre, 166 Netherhill Road, Gallowhill, PA3 4SF.
 Pop in to have a chat with Agnes about your training, employment and education options.

FRIDAYS
09:00 - 12:00




AGNES

Contact us for more information:
 Fb: InvestinRenfrewshire
 e: invest@renfrewshire.gov.uk
 tel: 0300 300 1180



INVEST in Renfrewshire | **Renfrewshire Council**

Linwood Community Library

Invest in Renfrewshire Parental Employability Hub

Are you a parent living in Renfrewshire?
Invest are hosting a parents' drop in session at Linwood Community Library, 15 Bridge Street, Linwood, PA3 3DB.
Pop in to have a chat with Gemma about your training, employment and education options.

THURSDAYS 09:30 - 11:30



GEMMA

Contact us for more information:
Fb: InvestinRenfrewshire
e: invest@renfrewshire.gov.uk
tel: 0300 300 1180



INVEST in Renfrewshire | **Renfrewshire Council**

Renfrew William McMaster Community Centre

Invest in Renfrewshire Parental Employability Hub

Are you a parent living in Renfrew?
Invest are hosting a parents' drop in session at the William McMaster Community Centre, Donaldson Drive, Renfrew, PA4 8LX.
Pop in to have a chat with Megan about your training, employment and education options.

THURSDAYS 09:15 - 12:15



MAIS & MEGAN

Contact us for more information:
Fb: InvestinRenfrewshire
e: invest@renfrewshire.gov.uk
tel: 0300 300 1180



INVEST in Renfrewshire | **Renfrewshire Council**

Paisley The Russell Institute

Invest in Renfrewshire Parental Employability Hub

Are you a parent living in Renfrewshire?
Invest are hosting a parents' drop in session at The Russell Institute, 30 Causeyside Street, Paisley, PA1 1UN
Pop in to have a chat with Gemma about your training, employment and education options.

WEDNESDAYS 09:30 - 12:00



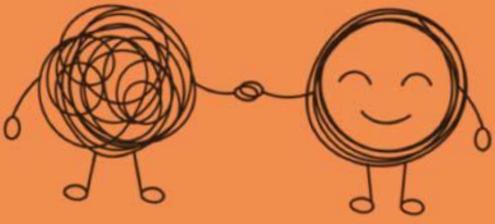
GEMMA

Contact us for more information:
Fb: InvestinRenfrewshire
e: invest@renfrewshire.gov.uk
tel: 0300 300 1180



WELLBEING FOR WORK

OVERCOMING STRESS AND ANXIETY FOR EMPLOYMENT SUCCESS



IT'S OKAY TO ASK FOR HELP!

IS YOUR WELLBEING OR MENTAL HEALTH HOLDING YOU BACK FROM GETTING A JOB OR TAKING PART IN TRAINING? WE CAN SUPPORT YOU TO TAKE THE FIRST STEP TO SUCCESS! AS PART OF YOUR EMPLOYABILITY JOURNEY WITH INVEST WE CAN OFFER YOU:

- 1-1 CONSELLING SERVICES
- ANXIETY MANAGEMENT COURSE
- 1-1 WELLBEING SUPPORT AND ADVICE
- LIVING LIFE TO THE FULL COURSE

If you would like more information on how we can support you on your employability journey, please call 0300 300 1180 or email invest@renfrewshire.gov.uk or scan the QR code








Adult and Family Learning Services

Renfrewshire Council offers free adult education courses to help residents develop essential skills:

- Literacy and numeracy to improve reading, writing, and math skills.
- Digital skills to learn to navigate the internet, use email, and access online services.
- English for speakers of other languages (ESOL) these courses are for non-native English speakers.
- Personal development to build confidence, set goals, and enhance well-being.

Classes are held at various community learning centres across Renfrewshire. For details, contact the Adult and Family Learning Service at **0141 487 0160** or email adult.learning@renfrewshire.gov.uk
More details can be found at www.renfrewshire.gov.uk/article/3576/Adult-learning

One-pan Lasagne

Serves 2 adults & 2 children

This is a simple way of making lasagne in half an hour that will definitely not disappoint. I swap beef or pork mince for sausages because they are cheaper and packed full of seasoning, so they give the dish more of a punch.

Ingredients

- 8 pork sausages
- 2tbsp olive oil
- 1 onion, finely chopped
- 3 garlic cloves, finely chopped
- 1 tbsp tomato purée
- 400g tin chopped tomatoes
- 300ml beef stock (made from a cube)
- 10 dried lasagne sheets
- Handful of fresh basil, finely chopped
- 125g ball mozzarella
- Salt and black pepper

Method

Start by taking off the sausage skins. An easy way to do this is to take a sharp knife and carefully pierce the skin and slice down the length of the sausage. You should then be able to peel the skin away from the meat.

Break the sausages into small pieces with slightly damp hands (to stop the meat sticking to them) and then bash the meat with a wooden spoon or spatula to break it into even smaller pieces. Season with salt and pepper.

Put a frying pan on a high heat and add the olive oil. Cook the sausage meat until it starts to brown. It should only take about 3–4 mins to cook. When the meat is brown and starting to go crispy, take it out of the pan and set it aside.

Add the onion and let it cook for 2 mins until it begins to soften, then add the garlic and cook for a further minute.

Return the sausage meat to the pan then add the tomato purée. Stir it through and cook for 1 minute. Add the tomatoes and beef stock and stir.

Add some more salt and pepper and let the mixture simmer on a low heat for 10 mins while you put the lasagne sheets into some salted boiling water to soften.

When the lasagne sheets have softened, add them to the sauce and submerge them! The lasagne may look a complete mess, but it's going to taste great!

Add the basil and mix through. Break the mozzarella ball into chunks and spread them over the top.

Put the pan under a hot grill for 2–3 mins to melt and colour the mozzarella, then sprinkle more basil on top and serve.

Feed your family for under £5

Your chance to win!

Make one of our recipes – we'd love to see the result!

Take a selfie with your finished dish and email it, along with your name and contact details to admin@paisleyha.org.uk
We'll draw one entry to win a fab prize.

Veggie Thai Green Curry

Serves 2 adults & 2 children

This is one of the simplest and quickest curry recipes you'll ever make. You can add any vegetables you like. Cauliflower and baby corn work great. Just ensure you cut all the veggies into 2cm, bite-sized pieces, so they all cook quickly. You don't want to wait ages for the veggies to soften.

Ingredients

- 2tbsp vegetable oil
- 1 onion, finely diced
- 1 red chilli, finely chopped, plus extra slices to serve
- 170g jar Thai green curry paste
- 400g tin coconut milk
- 2 baking potatoes, peeled and cut into 2cm chunks
- 1 large carrot, peeled and cut into 2cm chunks
- 200g green beans, cut in half
- Zest and juice of ½ lime
- 20g fresh coriander, finely chopped
- Salt and black pepper

Method

Put a lidded pan on a medium heat, add the oil, onion and a pinch of salt and cook for 3-4 minutes until the onion begins to soften.

- Add the chilli and cook for a further minute.
- Add the whole jar of curry paste and cook for another minute, then pour in the coconut milk.
- Half-fill the tin with tap water and add that too.
- Bring the contents of the pan to a simmer and add the potato and carrot.
- Put on the lid and let everything simmer for 8-10 minutes.
- Add the beans and simmer for a further 4-5 minutes or until the beans are cooked.
- Add the lime zest and juice, and the coriander, and mix them through.
- Taste and season to taste.
- Serve with red chilli slices and rice.

Free monthly books for children in Renfrewshire: sign up for Dolly Parton's Imagination Library

Families across Renfrewshire can now register their children to receive a free book every month through Dolly Parton's Imagination Library—a global initiative dedicated to nurturing a love of reading.

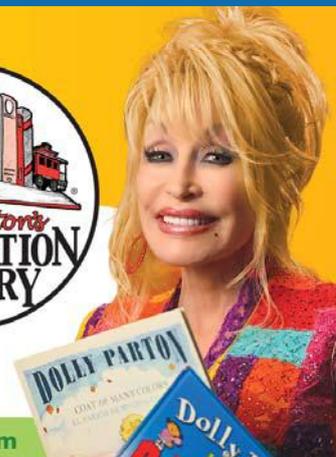
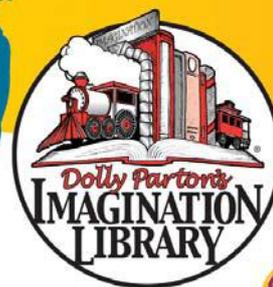
How to Register

Signing up is simple and free:

1. Visit the official Imagination Library website: imaginationlibrary.com/uk/find-my-programme.
2. Enter your postcode to confirm availability in your area.
3. Complete the online registration form with your child's details.

Register Your Child for

FREE BOOKS



Learn more at ImaginationLibrary.com

By enrolling in the Imagination Library, you are giving your child the gift of reading a foundation that supports language development, imagination, and a lifelong love of books. Do not miss this opportunity to enrich your child's early years with the joy of reading.

Help, Support & Advice in Renfrewshire and Scotland

Everyone needs a bit of support now and again, whether it is help with money worries, mental health, housing, or just finding someone to talk to. Below is a list of trusted organisations offering free, confidential help in Renfrewshire and across Scotland.

Local Services in Renfrewshire

Advice Works (Renfrewshire Council)

Free, confidential advice on benefits, budgeting, and debt.

0300 300 1238

www.renfrewshire.gov.uk/adviceworks

The STAR Project

Community support and wellbeing services including mental health support and peer-led activities.

0141 889 5850

www.star-project.org.uk

Renfrewshire Citizens Advice Bureau (CAB)

Help with housing, legal issues, energy bills, employment, benefits, and more.

0141 889 2121

www.renfrewshirecab.org.uk

RAMH

(Recovery Across Mental Health)

Support for individuals with mental health needs in Renfrewshire.

0141 847 8900

www.ramh.org

Renfrewshire Foodbank

Emergency food support with local referral partners.

0300 102 2500

www.renfrewshire.foodbank.org.uk

Women's Aid Renfrewshire

Support for women and children experiencing domestic abuse.

0141 561 7030

www.renfreshirewomansaid.co.uk

Homeless – Renfrewshire Council

0300 300 1203

www.Housingadvice.hps@renfrewshire.gov.uk

ROAR – Older Adults Suffering Isolation

0141 889 7481

www.info@roarforlife.org.uk

Renfrewshire Alcohol & Drugs Services (RADAR)

Offers one-to-one support, detox and rehabilitation referrals, substitute prescribing, and harm reduction.

0300 300 1199

www.renfrewshire.gov.uk/RADAR

Renfrewshire Family Support Group

Support for families and carers affected by a loved one's substance use.

0141 887 9142

www.sfad.org.uk/fsg/renfrewshire-family-support

Wider Support

Money Talk Team (Advice on Benefits & Budgeting)

National support line to help maximise your income.

0800 028 1456

www.moneytalkteam.org.uk

Shelter Scotland (Housing & Homelessness)

Help if you're struggling with housing, facing eviction, or need emergency accommodation.

0808 800 4444

www.shelterscotland.org

Samaritans (Emotional Support)

Free 24/7 confidential emotional support line.

116 123

www.samaritans.org

Breathing Space (Mental Health Support)

A phone line for people feeling low, anxious, or overwhelmed.

0800 83 85 87

www.breathingspace.scot

Need help accessing these services?

If you are not sure who to contact, or need help making a call, we can help connect you. Please speak to a member of our Housing Team at Paisley Housing Association **0141 889 7105**.

Stay Connected

Don't miss out! follow us online for the latest updates and opportunities to get involved @ www.paisleyha.org.uk. Together, let's continue to build a vibrant, inclusive, and supportive community.

Our Office

Paisley Housing Association
Assurance House
2 Lawn Street
Paisley PA1 1HA

Contact Details

Email: admin@paisleyha.org.uk

Tel: **0141 889 7105**

 <https://www.facebook.com/paisleyha/>

Opening Hours

Our staff work flexibly from our office and from home.

Our office opening hours are:

Monday to Thursday:

9 am to 5 pm

(reception closes at 4pm)

Friday: 9 am to 4 pm

